

Considerations During the Time of COVID:

Teen Risks During Isolation

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Meg Meeker, M.D., is a pediatrician who has practiced child and adolescent medicine for 31 years. She is the author of seven books, including the bestselling Strong Fathers, Strong Daughters; Strong Mothers, Strong Sons; The Ten Habits of Happy Mothers, and her most recent book, Raising a Strong Daughter in a Toxic Culture. Meeker is a nationally acclaimed speaker on parenting issues and has appeared on numerous national television and radio shows. She has spoken at the United Nations about fathers and serves on the Advisory Board of the Medical Institute. She has created many online courses for parents, and her podcast Parenting Great Kids has reached more than 5 million listeners across the globe.





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